

Youth and HIV/AIDS

Resources for Educators, Policymakers, and Parents

2006–2007

A directory of selected national, state, and local resources and an annotated resource listing of audiovisual, print, and other educational materials for HIV prevention and AIDS education.



**Elizabeth Burmaster
State Superintendent
Department of Public Instruction**

This publication is available from:

Student Services/Prevention & Wellness Team
Wisconsin Department of Public Instruction
125 South Webster Street
Post Office Box 7841
Madison, Wisconsin 53707-7841
(608) 267-9354

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TABLE OF CONTENTS

	Page
Introduction	v
Resource Directory	vii
Review Criteria for HIV/AIDS Instructional Resources	xiii
Annotated Resources.....	1
Appendix A: HIV/AIDS Review Panel 2006-2007.....	19
Appendix B: Resources Organized by Audience	21

Introduction

This resource document is designed to provide information about technical assistance resources and educational materials that can guide the development, implementation, and evaluation of Human Immunodeficiency Virus (HIV) and other sexually transmitted infections (STI) prevention education programs for school-age youth. It also includes educational materials that can increase the awareness and compassion for the people in our communities infected and affected by Acquired Immune Deficiency Syndrome (AIDS) and HIV. The document is divided into two sections: a resource directory and an annotated resource list. As a whole, they provide the contacts and the foundation, respectively, for families, communities, and schools to fight the spread of HIV/AIDS and other STI.

The position of the federal Centers for Disease Control and Prevention (CDC) and the Wisconsin Department of Public Instruction (DPI) is that parents, communities, and schools must build local partnerships to address youth risk behaviors and to provide mutually reinforcing prevention and health promotion messages to children and youth. The most important message for young people about preventing STI and HIV is that refraining from sexual intercourse and alcohol and other drug use is the most effective prevention strategy. Wisconsin must strive to create a climate that supports young people who choose to abstain. Some young people, however, may be unwilling to abstain from sexual activity and/or alcohol and other drug use. Therefore, the annotated resources include entries that provide messages related to risk reduction. In addition, the DPI promotes an integrated approach to youth risk behavior prevention programming; therefore, the list includes resources on issues related to HIV/AIDS.

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The program review panel members (see Appendix A) were selected from schools, agencies, and organizations that represent a cross-section of the general population and have expertise in HIV prevention and AIDS education. The panel has reviewed and approved all of the materials in the annotated resource list (see page xv for review criteria). Inclusion of a program or resource does not imply endorsement by the DPI. The resources listed are for use in a variety of settings. Many of the materials have been approved for use with youth in high-risk circumstances and may not be appropriate for use in public schools. The annotations and the reader's discretion are critical in selecting materials that are developmentally and culturally appropriate for the intended audience. This document will continue to be updated biannually as new materials are made available and reviewed, and outdated resources are removed.

RESOURCE DIRECTORY

The following national, state, and regional contacts are sources of current information and technical assistance to guide the development, implementation, and evaluation of STI/HIV prevention education programs for school-aged youth in Wisconsin.

NATIONAL CONTACTS

AIDS Alliance for Children, Youth & Families

A national, non-profit organization dedicated to improving the lives of women, children, youth and families living with HIV, and helping to stop the AIDS epidemic among young people, families and communities through education training, research and advocacy.

(888) 917- AIDS or (202) 785-3564

(Mon.-Fri. 9 a.m.–5 p.m.)

www.aids-alliance.org

E-mail: info@aids-alliance.org

ASHA STI Resource Center Hotline

The STI Resource Center Hotline is a program of the American Social Health Association (ASHA) that provides information, materials and referrals to anyone concerned about sexually transmitted infections (STI). Health

Communication Specialists are on staff to answer STI questions on such topics as transmission, risk reduction, prevention, testing and treatment.

(800) 227-8922

CDC INFO

The CDC HIV/STD hotline has been merged with CDC-INFO. This hotline is a source of public health information, including HIV/STD information from CDC. The hotline provides English, Spanish and TTY service, 24 hours a day, seven days a week.

(800) CDC-INFO (800-232-4636)

(888) 232-6348 TTY 24 Hours/Day

E-mail: cdcinfo@cdc.gov

CDC National Prevention Information Network

Contact NPIN for information and resources related to education and prevention and for published materials, research findings, and news about trends related to HIV/AIDS, STDs, and TB.

(800) 458-5231

(800) 243-7012 TTY

www.cdcnpin.org

Email: info@cdcnpin.org

National Minority AIDS Council

The National Minority AIDS Council (NMAC), established in 1987, is a leading national organization dedicated to developing leadership within communities of color to address the challenges of HIV/AIDS.

(202) 483-6622

(Mon.–Fri. 9:00 a.m.–6:00 p.m.*)

www.nmac.org/

National Network for Youth

The network provides technical assistance on HIV/AIDS policies and programs for youth in high risk situations.

(202) 783-7947

Email: info@nn4youth.org

STATE CONTACTS

American Red Cross

Wisconsin Statewide Network

Several of the Red Cross Chapters in Wisconsin employ an HIV prevention specialist who provides HIV certification courses and technical assistance to individuals, schools, and community agencies related to STD/HIV prevention efforts. In addition, the Red Cross develops and disseminates educational materials. Contact the Red Cross to obtain a catalogue. (414) 342-8680 (Milwaukee Chapter)

Wisconsin AIDS Library

STD/HIV/AIDS educational materials are available for loan from the Wisconsin AIDS Library.

(800) 359-9272, ext. 1539

(414) 225-1539

Wisconsin HIV/STD/HCV Information and Referral Center

The Wisconsin HIV, STD, and Hepatitis C Information & Referral Center (IRC) provides information on the prevention, transmission, and treatment of HIV/AIDS, sexually transmitted diseases (STD), and hepatitis.

(800) 334-2437

www.irc-wisconsin.org

Wisconsin Department of Health and Family Services, AIDS/HIV Program

Staff coordinate statewide public health initiatives, such as: surveillance, HIV antibody counseling and testing, prevention education, service delivery, partner referral program, and community planning.

(608) 267-5287

dhfs.wisconsin.gov/aids-hiv

Wisconsin Department of Public Instruction

Staff provide technical assistance related to curriculum and instruction, HIV policy development for schools and youth-serving community agencies, and staff development opportunities for school and community educators.

(608) 267-9170

dpi.wi.gov/sspw/aidshiv.html

Wisconsin HIV Primary Care Support Network

A statewide network of multi-disciplinary HIV care and treatment specialists that supports children, youth and women with HIV infection, their families, and their primary care providers through consultation and intensive case management. The goal of the Network's services is to assure that families receive comprehensive, culturally-competent, family-centered and coordinated care, delivered by skilled providers as close to the family's home as possible.

(414) 456-4162

REGIONAL CONTACTS**AIDS Service Organizations (ASOs)**

Each of the following 12 regional ASOs employs one or more prevention and life care services specialists who provide assistance to individuals, schools, and community agencies:

Northern Region

AIDS Resource Center of Wisconsin
1105 Grand Avenue, Suite 1
Schofield, WI 54476
(715) 355-6867 or (800) 551-3311

Northeast Region

AIDS Resource Center of Wisconsin
103 Washington Street
Appleton, WI 54911
(920) 733-2068 or (800) 773-2068

AIDS Resource Center of Wisconsin
445 South Adams Street
Green Bay, WI 54301
(920) 437-7400 or (800) 675-9400

Southern Region

AIDS Resource Center of Wisconsin
121 South Pinckney Street, Suite 210
Madison, WI 53701
(608) 258-9103 or 800-518-9910

AIDS Network
600 Williamson Street
Madison, WI 53703
(608) 252-6540 or (800) 486-6276

AIDS Network
830 Broad Street
Beloit, WI 53511
(608) 364-4027 or (800) 486-6276

AIDS Network
101 Milwaukee Street, Suite 96
Janesville, WI 53545
(608) 756-2550 or (800) 486-6276

Southeastern Region

AIDS Resource Center of Wisconsin
1212 57th Street
P.O. Box 0173
Kenosha, WI 53141-0173
(262) 657-6644 or (800) 924-6601

AIDS Resource Center of Wisconsin
820 North Plankinton Avenue
P.O. Box 510498
Milwaukee, WI 53203-0092
(414) 273-1991 or (800) 359-9272

Western Region

AIDS Resource Center of Wisconsin
505 Dewey Street South, Suite 107
Eau Claire, WI 54701
(715) 836-7710 or (800) 750-2437

AIDS Resource Center of Wisconsin
Grandview Center
1707 Main Street, Suite 420
La Crosse, WI 54601
(608) 785-9866 or (800) 947-3353

AIDS Resource Center of Wisconsin
Board of Trade Building
1507 Tower Avenue, Suite 230
Superior, WI 54880
(715) 394-4009 or (877) 242-0282

Cooperative Educational Service Agencies (CESA)

Each of the 12 regional CESAs employs one or more consultants who provide assistance to schools in developing youth risk behavior prevention strategies. In addition, each of the CESAs has a media center that will rent or loan STD/HIV educational materials designed for children and youth. Educators should contact their local CESA to obtain a materials listing.

CESA 1

19601 West Bluemound Road, Suite 200
Brookfield, WI 53045-5931
(262) 787-9500
www.cesa1.k12.wi.us

CESA 2

448 East High Street
Milton, WI 53563-1502
(608) 758-6232
www.cesa2.k12.wi.us

CESA 3

1300 Industrial Drive
Fennimore, WI 53809
(608) 822-3276
www.cesa3.k12.wi.us

CESA 4

923 East Garland Street
West Salem, WI 54669
(608) 786-4800
www.cesa4.k12.wi.us

CESA 5

626 East Slifer Street
P.O. Box 564
Portage, WI 53901-0564
(608) 742-8811
www.cesa5.k12.wi.us

CESA 6

2300 State Road 44
P.O. Box 2568
Oshkosh, WI 54903-2568
(920) 233-2372
www.cesa6.k12.wi.us

CESA 7

595 Baeten Road
Green Bay, WI 54304-5763
(920) 492-5960
www.cesa7.k12.wi.us

CESA 8

223 West Park Street
P.O. Box 320
Gillett, WI 54124-0320
(920) 855-2114
www.cesa8.k12.wi.us

CESA 9

304 Kaphaem Road
P.O. Box 449
Tomahawk, WI 54487-0449
(715) 453-2141
www.cesa9.k12.wi.us

CESA 10

725 West Park Avenue
Chippewa Falls, WI 54729-3276
(715) 723-0341
www.cesa10.k12.wi.us

CESA 11

225 Ostermann Drive
Turtle Lake, WI 54889-9191
(715) 986-2020
www.cesa11.k12.wi.us

CESA 12

618 Beaser Avenue
Ashland, WI 54806-2751
(715) 682-2363
www.cesa12.k12.wi.us

County/City Health Department

Local health department staff members are available to provide assistance to individuals, schools, and community agencies related to STI/HIV prevention efforts and service information. Refer to the government section of the local phone directory.

Minority/Community-Based Organizations

Each of the following minority, community-based organizations employs one or more STI/HIV prevention specialists who provide assistance to individuals, schools, or community agencies related to STI/HIV prevention efforts.

Asha Family Services
3821 West North Avenue
Milwaukee, WI 53208
(414) 875-1511
www.ashafamilyservices.com

Black Health Coalition
2801 West Wisconsin Avenue 2nd Floor
Milwaukee, WI 53208-4008
(414) 933-0064
www.bhcw.org

Briarpatch, Inc.
512 East Washington Avenue
Madison, WI 53703
(608) 251-6211

Great Lakes Inter-Tribal Council
P.O. Box 9
Lac du Flambeau, WI 54538
(715) 588-3324
www.glitc.org

La Casa de Esperanza, Inc.
410 Arcadian Avenue
Waukesha, WI 53186
(262) 547-0887
www.lacasadeesperanza.org

Milwaukee LGBT Community Center
315 West Court Street, Suite 101
Milwaukee, WI 53212
(414) 271-2656
www.mkelgbt.org

Opportunities Industrialization
Center of Racine
1020 Washington Avenue
Racine, WI 53403
(262) 636-3818
oiracine.org

Sixteenth Street Community Health Center
1337 South 16th Street
Milwaukee, WI 53204
(414) 672-1318 ext. 396
www.sschc.org

United Migrant Opportunity Services, Inc.
802 West Mitchell Street
Milwaukee, WI 53204
(414) 389-6511
www.umos.org

Urban League of Greater Madison, Inc.
151 East Gorham Street
Madison, WI 53703
(608) 251-8550
www.ulgm.org

INTERNET WEB SITES

The following national and state web sites are sources of current information and technical assistance to guide the development, implementation and evaluation of comprehensive HIV/STI prevention education programs for school-age youth. Some of these sites may contain prevention messages that may not be appropriate for all audiences. The views, opinions and statements contained in these web sites are not necessarily those of the DPI. The department is not responsible for the content of these web sites, nor should links to other sites be inferred as an endorsement of those sites.

AIDS Education Global Information System (AEGIS)

www.aegis.com

AEGIS is a comprehensive HIV knowledge base which includes AIDS Daily News Summaries, reprints of articles from select national and metropolitan newspapers, a database search engine linked to the National Library of Medicine, select conference summaries and conference calendars, "how-to" papers written for persons newly-diagnosed or living with HIV infection, comprehensive links to HIV-related sites. Some publications available in Spanish.

Advocates for Youth

www.advocatesforyouth.org

Advocates for Youth is dedicated to creating programs and advocating for policies that help young people make informed and responsible decisions about their reproductive and sexual health. The organization provides information, training and strategic assistance to youth service organizations, policy-makers, youth activists and the media. Some publications available in Spanish.

CDC Division of Adolescent and School Health www.cdc.gov/HealthyYouth/about

The Division of Adolescent and School Health (DASH) seeks to prevent the most serious health risk behaviors among children, adolescents and young adults, including HIV/AIDS. This web site contains information on surveillance activities, such as the Youth Risk Behavior Survey and School Health Education Profile,

guidance on effective school health programs and other important information on adolescent and school health.

CDC Division of HIV/AIDS Prevention

www.cdc.gov/hiv

Spanish: www.cdc.gov/spanish/default.htm

The National Center for HIV, STD, and TB Prevention Division is responsible for HIV/AIDS prevention. This site offers basic information on topics ranging from prevention and vaccine research to funding opportunities.

CDC National Prevention Information Network (NPIN)

www.cdcnpin.org

Spanish:

www.cdcnpin.org/scripts/espanol/index.asp

NPIN provides information about HIV/AIDS, sexually transmitted infections (STIs), and tuberculosis (TB) to people and organizations working in prevention, health care, research, and support services. All of NPIN's services are designed to facilitate the sharing of information about education, prevention, published materials, and research findings and news about HIV/AIDS-, STI-, and TB-related trends.

HIV InSite

hivinsite.ucsf.edu

The web site includes medical information, prevention education materials, social policy information (including legislation), community and research resources, state-by-state information about HIV/AIDS, and more.

Henry J. Kaiser Family Foundation (HIV/AIDS Program)

www.kff.org/hivaids/index.cfm

The Foundation's work in HIV/AIDS focuses on informing the national policy discussion about the HIV/AIDS epidemic within the context of a changing treatment environment and health-care delivery and financing system. Their work focuses on issues of health-care coverage, financing, access to care, and prevention, particularly for those increasingly impacted by the epidemic, including women, people of color, and young people.

Know HIV/AIDS

www.knowhivaids.org

Viacom and the Henry J. Kaiser Family Foundation have created a media campaign to eradicate ignorance about HIV/AIDS. The multi-year initiative encompasses the creation and dissemination of information about HIV and its prevention through television, radio, online, and print media. This web site contains information on the media campaign, HIV/AIDS pandemic, HIV prevention and testing, national resources, and ideas on how to get involved in HIV/AIDS-related efforts.

The Sexuality Information and Education Council of the U.S. (SIECUS)

www.siecus.org

SIECUS is a national nonprofit organization which affirms that sexuality is a natural and healthy part of living. Incorporated in 1964, SIECUS develops, collects, and disseminates information; promotes comprehensive education about sexuality; and advocates the right of individuals to make responsible sexual choices. Some publications available in Spanish.

Wisconsin AIDS/HIV Program

dhfs.wisconsin.gov/aids-hiv

The Wisconsin AIDS/HIV Program is the lead agency in Wisconsin government responsible for coordinating the state's public health response to the AIDS/HIV epidemic. This web site contains information on surveillance and epidemiologic investigation, HIV counseling and testing services, HIV prevention education and risk reduction, life care services, and early intervention.

Wisconsin Department of Public Instruction

dpi.wi.gov/sspw/hivercindex.html

The web site provides access to resources (information, worksheets, links) that can help to facilitate effective youth sexual risk behavior prevention programming in Wisconsin's schools and communities.

Review Criteria for HIV/AIDS Instructional Resources

<u>Criteria</u>	<u>Definition</u>	<u>Scale or Continuum</u> (1=criteria was not at all met 5=criteria was completely met)
1. Technical, accurate, and up-to-date	* Information on virus, transmission, and protection is complete and accurate to date of publication; information on where to access current data provided.	Automatic rejection if information is medically inaccurate, incomplete, or outdated.
2. Gender-fair	* Equal and appropriate representation of males and females. Demonstrates equality in roles/authority, use of referent pronouns, addressing male and female risks of transmission, and responsibility for prevention/protection.	
3. Developmentally appropriate for intended age and ability	* Language, concepts, and tone (emotional message) appropriate for age and audience. Addresses the needs of all learners, including those with physical, cognitive, or emotional disabilities.	
4. Racially, ethnically, culturally non-biased	* Representation of communities of color and other diverse populations in actors and in materials that recognize and respect ranges in cultural/community norms, language, and beliefs.	
5. Sound educational methodology for the recommended audiences	* Focus on the affirmation of personal responsibility and decision making. Skill-based, interactive and creative experience fostered.	
6. Positive approach to human sexuality	* Presents human sexuality as positive. Builds on a basic appreciation of human sexual expression throughout the lifespan, including sexual orientation.	
7. Educational messages/strategies for the continuum of risk behaviors	* Abstinence from sexual intercourse and injectable drug use are promoted as the only 100% risk-free behaviors for the majority of HIV transmission. Additional risk reduction strategies are provided to meet the needs of all learners, including those who continue to engage in a range of high-risk behaviors. Does not directly promote or encourage sexual activity or drug use.	
8. Resource quality	* The narration, packaging, sound, acting, and/or visual quality do not detract from the overall utility of the resource.	

*Criteria set by the Program Review Panel, January 1989.
Revised and approved by the panel, April 2001.

Annotated Resources

Curricula

The following are examples of educational materials to assist schools and communities in developing effective programs, policies, and practices related to HIV/AIDS education for school-aged youth.

In this section we have shaded those curricula that have been identified as promising prevention programs by the Urban Institute of Washington, D.C. Each was evaluated in at least one published scientific study. In addition, each of the selected programs meets the following criteria:

- The treatment group is matched with a comparison (no or minimal treatment) group.
- There is at least one follow-up review at three months after program conclusion.
- The initial sample size consists of 100 adolescents or more.
- The study retains at least half the participants at the final follow-up review.
- There is a statistically significant improvement for at least one target behavior in at least one target group.

In addition, these curricula have been identified by the National Campaign to Prevent Teen Pregnancy as “programs with strong evidence of success.”

AIDS Prevention for Adolescents in School. Los Altos, CA: PASHA, 1999.

This six-session program for grades 9-12 students has been developed to be implemented by classroom teachers. Combining principles of the health belief model with social psychology, the curriculum aims to improve students’ knowledge, beliefs, self-efficacy, and risk behaviors concerning HIV/AIDS.

Audience: grades 9-12

Program Archive on Sexuality, Health & Adolescence (PASHA)
(650) 949-3282

All about Life: Caring about myself, my family and my community. Monastersky, Caren and Ellen Phillips-Angeles. Seattle-King County Department of Public Health Family Planning/STD Program, 1995.

All about Life is an age-appropriate family life curricula designed to educate students in grades Kindergarten through fourth grade about proper care for themselves, their families and their community. Skills addressed include personal responsibility, interpersonal relationships, problem solving, personal safety, communication skills and making personal choices. The curriculum emphasizes the shared responsibility of parents, schools and the community in the education of children.

Audience: grades K-4 and parents

Seattle-King County Department of Public Health Family Planning/STD Publications
(206) 296-4902

Becoming a Responsible Teen (B.A.R.T.).

ETR Associates, 2005 (rev).

BART is an HIV/AIDS prevention curriculum designed to be used in a non-school setting with African American adolescents ages 14-18. The eight-session curriculum is presented in the form of a guide for leaders, with participant handouts that can be duplicated and distributed. Through a variety of training methods, participants learn: essential information about HIV/AIDS; ways to handle social and sexual pressures; ways to communicate assertively with friends and potential sexual partners; refusal negotiation and condom-use skills; and how to carry this message into their communities.

Audience: grades 9-12

ETR Associates
(800) 321-4407

Can We Talk? Planning & Training Manual.

National Education Association Health Information Network, Washington DC, 1999.

Can we Talk is designed for parents of children in grades four through eight. It is a series of parent workshops that gives families the opportunity to discuss the prevention of HIV, teen pregnancy and sexually transmitted disease in a healthy, proactive and constructive manner before children become sexually active. Also available in Spanish.

Audience: school staff (grades 4-8), parents, staff youth service organizations

National Education Association Health Information Network
(877) 250-5795

Circle of Life HIV/AIDS Curriculum, The. ORBIS Associates, 1998.

The Circle of Life HIV/AIDS Curriculum was designed to provide an American Indian/Alaska Native cultural context to HIV/AIDS education. This is a culture-based curriculum focused on health education, not sex education. Consistent with American Indian cultural values, the module for each grade level incorporates concepts associated with family and community. The underlying principle of the material is to help students develop the skills, values and behaviors that they will need to avoid or reduce the risk of HIV infection later in life. Purchase of the curricula is contingent upon teachers being trained by an authorized Circle of Life Trainer. For further information on this training, please contact the Bureau of Indian Affairs, Office of Indian Education Programs.

Audience: grades K-8

Dr. Sandra Fox
(505) 890-5316

Draw the Line/Respect the Line: Setting Limits to Prevention HIV, STD and Pregnancy.

ETR Associates, 2003.

This curriculum promotes abstinence by helping students develop personal sexual limits and practice the skills needed to maintain those limits when challenged. Healthy sexual limits will keep youth safer from HIV, other STI and unplanned pregnancy. This 19-lesson curriculum is designed to be used either by a classroom teacher or trained family life educator in the sixth, seventh and eighth grades. In grade 6, the emphasis is on situations in which youth may be pressured to steal, use alcohol or smoke. In grade 7, pressures regarding sexual intercourse are considered. In grade 8, the lessons feature an HIV-positive speaker, practicing refusal skills in dating contexts, and a condom demonstration.

Audience: grades 6-8

ETR Associates
(800) 321-4407

Everybody: Preventing HIV and Other Sexually Transmitted Diseases Among Young Teens.

Carbondale, CO: RAD Educational Programs, 2001 (rev.).

Everybody contains 24 sequential student-centered activities with guiding questions, step-by-step directions, assessment measures and lesson extensions. This curriculum is medically accurate and focuses on promoting healthy behaviors through risk elimination (abstinence) and risk reduction strategies. This is a flexible

yet structured prevention model intended for local adaptation.

Audience: grades 5-9

RAD Educational Programs
(970) 927-5347

Focus on Kids: Adolescent HIV Risk Prevention.

ETR Associates, 2005.

This community-based, eight-session HIV/STI prevention program has proven effective in giving urban youth the skills and knowledge they need to protect themselves from HIV and other STIs. *Focus on Kids* includes a variety of interactive activities: games, role-plays, discussions, and community projects; makes use of naturally occurring peer groups; covers condom use, abstinence, sex and drug pressures faced by youth; offers practice in communication and decision-making skills; and helps develop negotiating skills and clarify personal values. This curricula has been aligned with the National Health Education Standards.

Audience: grades 6-12

ETR Associates
(800) 321-4407

Get Real About AIDS.

Discovery Health, 2006.

This curricula, originally created by the Comprehensive Health Education Foundation, has been purchased and revised by Discovery Health. The curricula provides information about abstinence, STIs (including HIV/AIDS), and risk reduction. Available online.

Discovery Health

Audience: grades 3-12

(800) 323-9084

www.discoverhealthconnection.com

HIV, AIDS and Other STDs, Michigan Model for Comprehensive School Health Education. Rivertown Consultants, Inc., and Wendy Sellers, 2007 (rev.).

Supplemental Lesson packets for HIV/AIDS education created by the State of Michigan as part of their Comprehensive School Health Education curricula. The materials are aligned with the Michigan Health Standards.

Audience: grades K-12

Educational Materials Center
(800) 214-8961
www.emc.cmich.edu/

Know HIV/STD Prevention Curriculum.
Washington Department of Public Instruction, 2003 (rev).

This curriculum is separated into the following grade ranges: 5-6, 7-8, 9-10, 11-12. The *Know HIV/STD Prevention Curriculum* goes beyond increasing student knowledge and aims toward impacting health behaviors by affecting attitudes and beliefs as well as building health-promoting life skills. In addition to the curriculum itself, sections are included on teacher preparation, community and parent involvement, letters to parents, and curriculum selection committees.

Audience: grades 5-12

Office of Superintendent of Public Instruction
(360) 725-6000

Making a Difference: An abstinence-based approach to HIV/STD and teen pregnancy prevention.

Jemmott, Loretta Sweet, Ph.D., R.N., F.A.A.N.; John B. Jemmott III, Ph.D.; Konstance A. McCaffree, Ph.D., 2005 (rev.).

Making a Difference is an eight-hour module curriculum designed to empower adolescents to change their behavior in ways that will reduce their risk of becoming infected with HIV, other STIs, and becoming (or getting someone) pregnant. Specifically, this curriculum advocates postponing sexual activities and emphasizes that abstinence is the only way to completely eliminate their risk for STIs, HIV, and pregnancy. This curriculum was designed to be used with small groups (6-12 participants) but can be implemented with larger groups. It is appropriate for various community settings, including schools and youth agencies.

Audience: grades 6-8

Select Media, Inc.
(845) 774-7335

Making Proud Choices: A safe-sex approach to HIV/STDs and teen pregnancy prevention.

Select Media, Inc., 2005 (rev).

Making Proud Choices! is a research-based curriculum that will allow youth to feel comfortable abstaining from sex completely or using condoms if they choose to be sexually active. *Making Proud Choices* is an adaptation and extension of the original *Be Proud! Be Responsible!* curriculum. Four major components make up the curriculum and they include, 1) goals and dreams and their relationship to adolescent sexual behavior; 2) knowledge of HIV/STIs transmission and prevention and unintended pregnancy; 3) beliefs and attitudes about condoms, HIV/STIs and

pregnancy; and 4) skills and self-efficacy including negotiation-refusal and condom use skills.

Audience: grades 6-8

Select Media, Inc.
(845) 774-7335

Our Whole Lives: Lifespan Sexuality Education Curricula. Boston, MA: Unitarian Universalist Association, 1999.

Our Whole Lives: Sexuality Education for Grades K-1, 1999.

Our Whole Lives: Sexuality Education for Grades 4-6, 2000.

Our Whole Lives: Sexuality Education for Grades 7-9, 2000.

Our Whole Lives: Sexuality Education for Grades 10-12, 2000.

The Parent Guide to Our Whole Lives, Grades K-1, 4-6. 2000.

Our Whole Lives is a series of sexuality education curricula for five age groups that span kindergarten through adulthood. The program equips participants with accurate, age-appropriate information in six subject areas: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. Grounded in a holistic view of sexuality, OWL provides not only facts about anatomy and human development, but helps participants to clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality.

Audience: grades K-1, 4-6, 7-9, 10-12, Parents
(800) 215-9076

Personal and Social Skills: Understanding and Integrating Competencies Across Health Content. ETR Associates, 2000 (rev).

The goal of this curriculum guide is to provide an understanding of four personal and social skills, which are decision making, communication, stress management, goal setting, and provide ideas on how these life skills can be integrated across all health content areas.

Audience: grades 6-8, 9-12

ETR Associates
(800) 321-4407

Positive Prevention: HIV/STD Prevention Education for America's Youth.

The American National Red Cross, 2004.

**Positive Prevention: HIV/STD Prevention Education for America's Youth—Level A: for Middle School and Junior High School*

**Positive Prevention: HIV/STD Prevention Education for America's Youth- Level B: for High School*

Positive Prevention is a comprehensive curriculum designed to provide adolescents with the vital information and support they need to choose behaviors that reduce their risk of contracting HIV and related STDs. Topics covered are myths and stereotypes, HIV transmission, recognizing and reducing risks, refuting peer pressure, and STDs.

Audience: grades 6-8, 9-12

American Red Cross
(909) 386-2900

Postponing Sexual Involvement: An educational series for young teens. Adolescent Reproductive Health Center, 1998.

The series was developed to help young people resist pressures to become sexually involved before they are ready. The aim of this series is to present information regarding the general nature of relationships and sources of societal pressure influencing sexual behavior. Young teens are also given skills that enable them to say no in situations where they are asked to do something they do not wish to do.

Audience: grades 7-9

Adolescent Reproductive Health Center
(404) 616-3513

Puberty the Wonder Years. Sellers, Wendy L., Educational Materials Center, 2005.

Puberty: The Wonder Years is a school-based curricula that incorporates activities that involve parents and other family members to address family values. The curricula develops health skills such as communication, setting limits, refusal skills, getting help, friendship, analyzing media messages and distinguishing between reliable and unreliable sources of information.

Audience: grades 3-5, 6-8

Educational Materials Center
(800) 214-8961
www.emc.cmich.edu/

Reducing the Risk: Building Skills to Prevent Pregnancy, STD and HIV.

ETR Associates, 2004 (rev.).

The major focus of this curriculum is to assist educators in creating opportunities for students to practice the communication skills needed to eliminate or reduce the risk of pregnancy, STI, and HIV infection. *Reducing the Risk* was developed with the specific intent of preventing risky adolescent sexual and drug behaviors, including sexual intercourse without condoms.

Audience: grades 6-8, 9-12

ETR Associates
(800) 321-4407

Safer Choices: Preventing HIV, Other STD and Pregnancy.

ETR Associates, 1998.

Safer Choices is a two-year, school-based, HIV/STI and teen pregnancy prevention program with the primary goal of reducing unprotected sexual intercourse by encouraging abstinence and, among students who report having sex, encouraging condom use. The program seeks to modify 1) HIV/STI knowledge; 2) attitudes and norms about abstinence and condom use; 3) students' belief in their ability to refuse sex and avoid unprotected sex, to use a condom, and to communicate with partners about safer sex; 4) barriers to condom use; 5) perceptions of risk for infection with HIV or other STIs; and 6) communication with parents.

Audience: grades 9-12

ETR Associates
(800) 321-4407

Sexuality and Society.

Holt Lifetime Health, 2005.

A sexuality education unit designed for the Los Angeles Unified School District. Content includes building responsible relationships, risks of adolescent sexual activity, HIV and AIDS, family planning and your life goals, protecting yourself from STDs and HIV/AIDS and diversity of human relationships.

Audience: grades 6-8, 9-12

Holt, Rinehart and Winston
(800) 225-5425

Teatro AIDS Prevention Project for Latinas Curriculum Resource Guide.

National Latina Health Network, 1998.

The *Teatro AIDS Prevention Project* (TAPP) for Latinas is about empowerment. The HIV strategies that are proposed in this document are innovative and didactic approaches to working

with the Latina population. Weaving peer education models and traditional Latino community theater or *Teatro* into its framework, TAPP for Latinas targets Hispanic women below the age of 25.

Audience: youth service organizations
National Latina Health Network
(202) 965-9633

Teenage Health Teaching Modules: Growing Into Healthy Sexuality.

Education Development Center, Inc., 1998. *Growing into Healthy Sexuality* represents a starting point for developing a comprehensive approach to sexuality education within the context of comprehensive school health education. Each module supports the other modules and provides students with information and opportunities to develop positive attitudes and acquire skills for healthy life. This approach provides adolescents with opportunities to develop a positive view of sexuality, to acquire the information they need to take care of their sexual health, to respect and value themselves and others, and to learn skills to make healthy decisions.

Audience: grades 6-8
Education Development Center, Inc.
(800) 793-5076

Teenage Health Teaching Modules: Respecting Healthy Sexuality.

Educational Development Center, Inc., 1998.

Respecting healthy sexuality builds upon the Growing into Healthy Sexuality module. Both modules were designed for the Teenage Health Teaching Modules as part of a comprehensive school health program. This module focuses on healthy sexuality, healthy relationships, and healthy decision making.

Audience: grades 9-12
Educational Development Center
(800) 225-4276
main.edc.org/

Wise Guys: Male Responsibility Curriculum.

Greensboro, NC: Family Life Council of Greater Greensboro, Inc., 2001 ed.

Wise Guys is a program designed to prevent adolescent pregnancy by teaching young men between the ages of 10 and 15 self-responsibility, especially in the area of sexual development. Activities range from personal and family values to abstinence and contraception. Although developed as a curriculum, *Wise Guys* is constructed in a way (such as non-sequential

lessons) that it would be best applied as an activities guide to supplement a human growth and development curriculum.

Audience: grades 6-9

Family Life Council of Greater Greensboro, Inc.
(336) 333-6890

Curriculum Supplements and Program Development Guides

The following are examples of educational materials to assist schools and communities in developing effective programs, policies, and practices related to HIV/AIDS education for school-aged youth.

Aligning Learning with Learners Guide: Classroom Approaches to Addressing the Needs of Youth at Highest Risk for HIV, The (ALL Guide).

Rocky Mountain Center for Health Promotion and Education, 2006.

A web-based diagnostic tool designed to assess the cultural appropriateness and inclusiveness of HIV prevention instruction, assessment strategies and classroom climate. The ALL Guide includes a compendium of strategies and resources, designed for teachers who are interested in enhancing the inclusiveness of their instruction.

Audience: school staff (K-12) and youth service organizations

Rocky Mountain Center for Health Promotion and Education
(800) 251-4772
www.rmc.org/allguide

The Art of Loving Well: A Character Education Curriculum for Today's Teenagers. Boston University, School of Education, The Loving Well Project, 1995 (rev).

Designed to supplement an English curriculum, this book is an anthology of 41 readings from the classics and contemporary adolescent literature. The Loving Well character education project is predicated on the belief that young people will learn how to achieve fulfilling relationships by promoting conversation and reflection about common human experiences. The book is divided into three sections, including Early Loves and Losses, Romance, and Commitment and Marriage. The selections are borrowed from a wide range of writers, including the Brothers Grimm, John Updike, William Shakespeare,

Alice Walker, and others, and selections focus on the institution of marriage.

Audience: grades 9-12

Friends First

(800) 909-WAIT

Assessment Tools for School Health Education.

Council of Chief State School Officers State Collaborative on Assessment and Students Standards-Health Education Assessment Project, 2006.

This resource provides a solid foundation for assessment in health education, with an emphasis on performance-based assessment. The resource was designed to help educators, including teachers, school district curriculum coordinators and higher education faculty, see the scope of health education, using assessment as the focal point.

Audience: school staff (K-12)

CCSSO-SCASS Health Education Assessment Project

(888) 386-8226

Building Skills for Health Literacy: Sexual Health.

Department of Public Instruction, Madison, WI, 2007.

This resource was designed to assist health education professionals in creating units of instruction that build skills among youth for addressing family life and sexuality education topics. The goal is to teach and assess the skills of the health education standards as they relate to sexual health outcomes.

Audience: school staff (6-12)

Wisconsin Department of Public Instruction
(608) 266-8960

Family Guided Sexuality Education Handbook.

La Crosse: Gundersen-Lutheran Hospital, 1999.

This self-learning packet provides information about average, healthy sexual development from infancy to adolescence. The handbook allows the readers to choose what and how much they want to teach their children and when they feel it is the best time. The handbook covers many topics related to sexual development, including female and male reproductive systems, prenatal development, contraceptive methods, and sexually transmitted diseases.

Audience: parents

Gundersen-Lutheran Medical Center
(608) 775-5995

Filling the Gaps: Hard to Teach Topics in Sexuality Education. Sexuality Information and Education Council of the U.S., 1998.

In working with educators around the country and conducting research on sexuality education, SIECUS has found that certain subjects are consistently ignored, taught poorly, or the center of controversies. This manual is designed to address eight of these subjects (for example, abstinence, condoms, sexual identity and orientation). It provides a rationale for teaching them; messages that children at different ages need to know; and suggested lesson plans, worksheets, and fact sheets for leaders and the community. Available online.

Audience: school staff (K-12), youth service organizations

SIECUS Publications Department
(212) 819-9770

www.siecus.org/pubs/filling_the_gaps.pdf

Guidelines for Comprehensive Sexuality Education, Kindergarten-12th (3rd ed.). New York: Sexuality Information and Education Council of the U.S., 2004.

Guidelines was designed to be a framework to assist local communities in designing new curricula or assessing existing programs. It has been used by local communities to plan new programs, evaluate existing programs, train teachers, educate parents, conduct research, develop peer programs, and write new materials. It is only a starting point for teachers and curriculum designers; the school and community must decide which topics and developmental messages should be included. Available online.

Audience: school staff (grade K-12)

SIECUS Publications Department
(212) 819-9770

www.siecus.org/pubs/guidelines/guidelines.pdf

Guidelines for Sexual Health Information & Disease Prevention.

The Washington State Department of Health and the Office of Superintendent of Public Instruction, January 15, 2005.

This document provides a framework for medically and scientifically accurate sex education for youth. The purpose of the document is to 1) Describe effective sex education and its outcomes; 2) Provide a tool for evaluating existing or new programs, curricula or policies; 3) To enhance and strengthen sexuality

education programs; and 4) To evaluate schools, community organizations and others involved in educating youth.

Audience: school staff (6-12), youth service organizations

Office of Superintendent of Public Instruction
HIV/STD Prevention Program
(360) 725-6364
www.k12.wa.us

HIV and Your Rights: A legal guide to Wisconsin.
State Bar of Wisconsin Young Lawyers Division and
AIDS Network, 1999.

This guide is intended to give persons living with HIV in Wisconsin information about their rights and the many legal issues associated with HIV. It also is intended to assist Wisconsin social service counselors, health care providers, and attorneys. This document would also be useful for schools in development of HIV/AIDS policies. As the title suggest, much of the information that is provided is based on laws that apply only in Wisconsin. Available online and in Spanish.

Audience: school staff, parents, youth service organizations

State Bar of Wisconsin Young Lawyers Division
and AIDS Network
(800) 486-6276
www.wisbar.org

HIV/AIDS for Students with Special Needs: A Guide for Teachers.

Association for the Advancement of Health
Education, 1995.

The purpose of this guide is to assist teachers in developing and implementing HIV/AIDS education programs for students with special education needs. It presents specific suggestions for adapting curricula and teaching styles to meet the needs of individual students. The teaching activities included address a range of skills related to the prevention of HIV/AIDS.

Audience: school staff (grade 6-12)

AAHPERD
(800) 213-7193

HIV-Free Living for Teens: A presentation kit.
Channing L. Bete Co., Inc., 2001.

HIV-Free Living for Teens gives facts about how HIV is transmitted, sexual choices, communication skills, high-risk behaviors, and support systems. In this presentation kit you get a professionally researched and designed presentation on CD-ROM that can be used as a PowerPoint presentation or printed out as

overheads and/or handouts. Also included is a leader's guide containing discussion points, interactive exercises, pre- and post-session questionnaires, and a supply of informative audience handouts.

Audience: grades 9-12

Channing L. Bete Co., Inc.
(800) 477-4776

*Health Literacy Performance Assessments:
HIV/AIDS Prevention and Sexuality and Family
Living.*

Wisconsin Department of Public Instruction. 2004.

The Wisconsin Health Literacy Performance Assessments include a variety of topical packets. Two of the performance assessment packets, HIV/AIDS Prevention and Sexuality and Family Living, were reviewed for this directory. Performance assessments are standards-based strategies for determining what students know and how they are able to apply health-related concepts and skills they have learned. The student assessment tools are valuable resources that can complement other resources to enhance curriculum, instruction and student assessment on health and safety issues in schools. Students can complete performance tasks within a single class period or over an extended period of time. HIV/AIDS packet available online.

Audience: grades 1-12

Wisconsin Department of Public Instruction
(608) 266-8960
www.dpi.wi.gov/sspw/tadocs.html

Making Sense of Abstinence.

Taverner, Bill, et al., Planned Parenthood of Greater
Northern New Jersey, Inc., 2005.

Making Sense of Abstinence is an instructional manual that takes abstinence beyond a one-dimensional scope, utilizing positive and engaging lessons to help young people think about abstinence in a way that values their ability to make decisions. The manual includes sixteen lessons and an array of strategies to target all learning styles.

Audience: grades 6-8, 9-12 and youth service organizations

Planned Parenthood of Greater Northern New
Jersey
(973) 539-9580

Making Smart Choices about Sex.

Goldfarb, Eva and Schroeder, Elizabeth, 2001.

This three-session abstinence curriculum for adolescents focuses on postponing sex as a positive, life-enhancing decision. Topics covered

include: reasons for postponing sex, setting goals, making healthy choices, and effective communication. Each kit contains the curriculum, 30 interactive CDs, 30 homework packets, and 30 pre- and post-tests.

Audience: grades 6-8, youth service organizations

Metrix Marketing, Inc.
(877) 603-7306

Model Bloodborne Pathogens: Exposure Control Plan for Wisconsin Public Schools.

Wisconsin Department of Public Instruction, 2001.

The bulletin was prepared to assist local school districts in complying with federal Bloodborne Pathogens Standard, 29 CFR 1910.1030, as well as the state standards for enforcement by the Wisconsin Department of Commerce Safety and Buildings Division (Wis. Stat. 101.055) to prevent transmission of HIV and other bloodborne pathogens in the school setting. Available online.

Audience: school staff (K-12)

Wisconsin Department of Public Instruction
Student Services/Prevention & Wellness Team
(608) 266-8960
www.dpi.wi.gov/sspw/tadocs.html

Parenting for HIV Prevention: A presentation kit.
Channing Bete Co., Inc., 2002.

Parenting for HIV Prevention presentation covers basic facts on HIV/AIDS, its impact on young people and reasons for concern for parents. In addition, parents are told what puts a kid at risk for HIV and what can protect them. In this presentation kit you get a professionally researched and designed presentation on CD-ROM that can be used as a PowerPoint presentation or printed out as overheads and/or handouts. Also included is a leader's guide containing discussion points, interactive exercises, pre- and post-session questionnaires, and a supply of informative audience handouts. Available in Spanish

Audience: parents

Channing L. Bete Co., Inc.
(800) 477-4776

Positive Images.

Brick, Peggy, et al., Planned Parenthood of Greater Northern New Jersey, Inc., 2001.

A teaching manual with 29 lessons for teaching the knowledge, attitudes and skills needed for effective communication and decision-making about contraception, abstinence and sexual health. Intended as a supplement to existing curricula.

Audience: grades 6-8, 9-12 and youth service organizations

Planned Parenthood of Greater Northern New Jersey
(973) 539-9580

The Power of Teaching: Characteristics of Effective Classroom Instruction on Health and Safety Issues.
Wisconsin Department of Public Instruction, 1998.

This publication represents an effort to tap into the rich knowledge and expertise of practitioners along with prevention education research to define a common set of prevention characteristics that cut across a variety of youth risk behavior curricula. In essence, this publication provides the foundation for effective classroom instruction on health and safety issues. Available online.

Audience: school staff (K-12), youth service organizations

Wisconsin Department of Public Instruction
Student Services/Prevention & Wellness Team
(608) 266-8960
www.dpi.wi.gov/sspw/tadocs.html

Preventing Teen Pregnancy: Youth Development and After-School Programs.

Kirby, Douglas, Ph.D. et al. YWCA and ETR Associates, 2003.

This manual describes a variety of youth development and after-school programs designed to help reduce teen pregnancy. It includes chapters on the role of education and employment planning, sports and fitness, violence prevention, substance abuse, parental involvement, and sex and HIV education programs. It also features research on the causes of teen pregnancy and the effectiveness of past programs.

Audience: school staff (6-12), youth service organizations

ETR Associates
(800) 321-4407

Promoting Sexual Responsibility: A Teen Pregnancy Prevention Resource for School Employees.

Marx, Eva. NEA Health Information Network and the NEA Professional Library, 2005.

This book gives school employees resources to help students avoid behaviors that can result in pregnancy, as well as HIV infection and other sexually transmitted diseases. Drawing on current research and practice, the book offers

strategies that school employees can use to help students prepare to become responsible adults.

Audience: school staff (6-12)

National Education Association of the United States

(877) 250-5795

Right from the Start: Guidelines for Sexuality Issues, Birth to Five Years. Sexuality Information and Education Council of the U.S., 1998.

These guidelines were developed as a resource for caregivers in childcare centers and preschools who are challenged with the many complicated issues concerning early childhood sexuality. They provide a model for preschool sexuality education that 1) presents information on the psychological and sexual development of young children; 2) provides a framework for developmentally appropriate sexual learning and instruction, which can be utilized in a variety of childcare settings; and 3) offers suggestions and strategies for promoting and fostering healthy attitudes and behaviors. Available online.

Audience: school staff (pre-K)

SIECUS Publications Department

(212) 819-9770

www.siecus.org

Someone at School has AIDS: Complete Guide to Education Policies Concerning HIV Infection.

Bogden, James F.; Carlos A. Vega-Matos; Jane Ascroft, 2001.

With endorsements from the AMA, American Academy of Pediatrics, and many other medical and education organizations, this guide offers all the information and recommendations schools need for educational, health, sports, and confidentiality policies related to HIV/AIDS. Available online

Audience: school administrators and other staff

NASBE

(703) 684-4000

www.nasbe.org

Streetwise to Sex-wise: Sexuality Education for High-Risk Youth.

Brown, Steve, et al., Planned Parenthood of Greater Northern New Jersey, Inc., 2001.

A teaching manual containing educator-friendly lesson plans, complete with worksheets and handouts. The lessons cover a wide range of sexuality topics and were created to actively involve teens and pre-teens who are at high-risk, yet often have limited academic skills and are resistant to traditional classroom-based learning.

NOTE: This manual is intended as a supplement to a sexuality education curriculum and is designed for high-risk youth.

Audience: grades 7-12 and youth service organizations

Planned Parenthood of Greater Northern New Jersey

(973) 539-9580

Teach & Talk: The Subject is Sex.

Wilson, Pamela, Marcia Quackenbush and William M. Kane. Santa Cruz, CA: ETR Associates, 2001.

The Subject is Sex offers practical, engaging, and fun ways to address sexuality effectively and appropriately in the elementary classroom. This book can help: 1) get background information and learn new concepts; 2) find out more about kids' questions and effective ways to answer them; 3) create a healthy peer environment; 4) keep parents involved and supportive; and 5) reinforce concepts in other subject areas.

Audience: school staff (K-5)

ETR Associates

(800) 321-4407

A Tool for Assessing the Characteristics of Effective Sex and STD/HIV Education Programs

Kirby, Douglas, et al., 2006.

This tool consists of an organized set of questions designed to help program developers and educators assess whether a curriculum/program has incorporated each of the 17 characteristics of effective programs. Results from the assessment can be used to help practitioners select, adapt and develop more effective pregnancy, STD, and HIV prevention programs for their communities. Available online.

Audience: school staff (6-12) and youth service organizations

Healthy Teen Network

(202) 547-8814

www.healthyteennetwork.org/

Training of Trainers Program: Improving HIV prevention for gay, lesbian, bisexual, and transgender youth.

Washington, DC: National Youth Advocacy Coalition, Fall 1999 (rev).

This manual is designed to provide young people and adults with the skills, tools, and resources essential to providing creative and effective HIV prevention to gay, lesbian, bisexual, and transgender (GLBT) youth. Sections in the manual include facilitation skills, cultural competency, HIV 101, GLBT youth issues and

development and implementation of effective prevention programs.

Audience: youth-service organizations
National Youth Advocacy Coalition
(800) 541-6922

Unequal Partners: Teaching About Power and Consent in Adult-Teen and Other Relationships.
Montford, Sue, et al., Planned Parenthood of Greater Northern New Jersey, Inc., 2000.

Unequal Partners is a teaching manual designed to help professionals educate young people to make healthy decisions about relationships, especially those involving the power imbalances that can occur when there are significant age differences between partners.

Audience: grades 9-12 and youth service organizations
Planned Parenthood of Greater Northern New Jersey
(973) 539-9580

Audiovisuals

The following are examples of educational materials to assist schools and communities in developing effective programs, policies, and practices related to HIV/AIDS education for school-aged youth.

1208 Sherwood: The Emotional Impact of HIV.
Minds Eye Productions, 2005, 25 min. video.

1208 Sherwood follows the life of a young woman who discovers she is infected with HIV while getting a routine blood test. After discovering that her fiancé has also become infected, she grapples with powerful emotions and has to summon the strength to do the right thing—determine where the disease originated, thereby doing her part to end the epidemic. Contains some intense subject matter.

Audience: grades 11-12+, youth service organizations
Human Relations Media
(800) 431-2050

3 Girls I Know.

Mozen, Paul. No Excuses Production, 2004, 54 min. video.

Three ethnically diverse teenagers find their lives abruptly altered by the impact of sexual decision. How each girl subsequently deals with the consequences gives an up-close-and-personal look at teenage life. The video addresses the

issues of peer pressure, parents, relationships, sexuality, pregnancy and HIV/AIDS

Audience: youth service organizations, urban settings, grades 9-12
Media Library/No Excuses Production
(800) 343-5540

All Falls Down.

Scenarios USA, 2002, 13 min. video.

All Falls Down addresses decision making by looking at the influences of friendship, communication, peer pressure, substance abuse and self-esteem. The video presents the story of three friends who meet a group of boys. Relationships form and decisions are made. Each person is challenged with figuring out who they are and what they want from the relationship.

Audience: grades 9-12, youth service organizations, urban settings
Scenarios USA
(866) 414-1044

Angel of Mine: A Story about Teen Pregnancy and Parenthood. Baden Street Settlement of Rochester, Inc, 2003, 25 min. video.

Angel of Mine is the compelling story of the consequences of one young couple's decision to initiate a sexual relationship. A leader's guide is included and aligned with the National Health Education Standards, addressing accessing accurate information and interpersonal communication skills.

Audience: grades 6-8, 9-12, youth service organizations
The Bureau for At-Risk Youth
(800) 99-YOUTH

AIDS Update: The Latest Facts about HIV and AIDS. Rhines, Karin and Peter Cochran. Human Relations Media, 2004, 28 min. video.

AIDS Update reviews the latest information on HIV, including risk factors and treatment options, explains precautionary measures that help to lower the risk of HIV infection and answers other frequently asked questions. The video also explains the FDA approved rapid HIV diagnostic test kit that provides accurate results in minutes and what it means if the test comes back reactive.

Audience: grades 9-12+, youth service organizations
Human Relations Media
(800) 431-2050

Blood Lines: A View into the Souls of HIV+ Youth.
ETR Associates, 2005 (rev), 22 min. video.

This is a film directed and produced by HIV-positive youth who contracted HIV as teenagers. The film makers traveled across Europe and the United States interviewing HIV-positive youth like themselves to create a documentary that voices their confusion, grief, and hope. The film empowers those who live with HIV/AIDS, inspires compassion for people living with the virus, and motivates others to avoid getting infected.

Audience: grades 9-12+
ETR Associates
(800) 321-4407

Children Talk about AIDS.

Teachers College Press, 1999, 23 min. video.

The *Children Talk about AIDS* video is designed to be used in professional development settings and to help novice and experienced educators understand the knowledge, concerns, and questions for young children about this disease. This video does not offer a specific formula for teaching; rather, it depicts the use of open-ended classroom discussion to explore this difficult subject with young students.

Audience: school staff (grades K-5)
Teachers College Press
(800) 575-6566

Considering Your Options: Information on abstinence and contraceptive choices for teenagers.

National Education Association, Health Education Network, 1998, 23 min. video & guidebook.

This fast-paced video combines animated segments where “Alex” goes on-line to learn more about his contraceptive options with real teens discussing their choices and concerns about sexual activity, misconceptions, and various birth control methods. The video covers the following methods of contraception: abstinence, condoms, birth control pills, Depo-Provera and Norplant, and emergency contraception.

Audience: grades 9-12
NEA Professional Library
(800) 229-4200

Frontline: The Lost Children of Rockdale County.
PBS, 1999, 90 min. video.

The *Lost Children of Rockdale County* video deals with a controversial, but important subject matter: affluent suburban teens struggling not only with a rare syphilis outbreak, but also loneliness, disaffection, sexual promiscuity, and substance abuse. Although *Lost Children* begins

with an inquiry into how and why the syphilis outbreak happened, the documentary becomes in the end a wider, deeper examination of the world of teenagers and their relationships with their parents and each other.

Audience: grades 9-12+, parents
PBS Video
(877) PBS-SHOP

Gonna Make It.

Miranda, J., 2001, 4 min. music video.

This music video provides a powerful message and innovative approach to addressing the issues of incest and date rape. The video has information to increase awareness of sexual violence, provide encouragement to its victims, and motivate all who see it to take responsibility for its prevention. Contains an information and resource guide.

Audience: grades 3-5, 6-8, 9-12, youth service organizations
Pennsylvania Coalition Against Rape
(717) 728-9740

HealthBEATS HIV.

ETR Associates, 2003, 25 min. video.

HealthBEATS HIV is a video developed and hosted by teens. It contains facts, dramatizations, activities, a music video, and an interview with an HIV positive teen who relates her real-life experiences. Delivered in a fast-paced, youth-friendly format, this video stresses the importance of prevention, testing and treatment.

Audience: grades 6-8, 9-12, youth service organizations
ETR Associates
(800) 321-4407

HIV and AIDS: Staying Safe. 2001, 15 min. video and activity guide.

This program helps kids understand why prevention is so important when it comes to HIV. It introduces adolescents to some basic facts about HIV/AIDS. Through discussion, demonstration, and animation, the kids will see what the virus does inside the body, why it leaves the body so vulnerable to other infections, and how HIV develops into AIDS. The program explores the ways that HIV can and cannot be contracted, so that kids can identify safe and risky behaviors.

Audience: grades 4-6
Black Mountain Safety and Health
(702) 565-1287

HIV Positive Voices: An Inside Look at the AIDS Epidemic in Baltimore.

Stuart Television Productions and Johns Hopkins Bloomberg School of Public Health/Center for Communication Programs, 2004, 29 min. video.

HIV Positive Voices shows the effects of what it is like to live with HIV and cope with the social stigma, rigorous treatment regiment and related health problems. It also shows that it is possible to live a productive and positive life even if you are living with HIV.

Audience: grades 11-12+, youth service organizations

Johns Hopkins Bloomberg School of Public Health/Center for Communication Program
(410) 659-6300

I Should Have Waited.

Human Relations Media, 2004, 27 min. video.

Under constant pressure from peers and the media, one of the biggest decisions a teen has to make is whether or not to have sex. Without preaching, this program presents arguments against having sex too early.

Audience: grades 6-8, 9-12

Human Relations Media
(800) 431-2050

Living Positive: An Inspiring Documentary About Women and AIDS. CDC National Prevention Information Network, 1999, video.

Living Positive shares the stories of five women who have AIDS. The women talk about how they found out they were infected, how they got infected, and how they and their family members are coping with AIDS.

Audience: school staff (grade 9-12), youth service organization staff

CDC National Prevention Information Network,
(800) 458-5231; (800) 243-7012 (TTY)

Peer to Peer: Stop, Think, Be Safe.

Danya International, Inc., 2003, 24 min. video.

This video-based program is an age-appropriate intervention for young people who are at a critical stage in their development and who we believe will greatly benefit from discussions regarding STDs and protection. Contains a teacher's guide.

Audience: grades 6-8, 9-12

Human Relations Media
(800) 431-2050

Porch Light.

South Dakota Department of Education and Cultural Affairs, 1999, 28 min. video and discussion guide.

This video realistically portrays the complex issues and emotions facing people with AIDS and their families, especially in rural settings, and fosters a compassionate response toward people facing such complex issues. The accompanying discussion guide reinforces the aforementioned and also encourages viewers to consider ways in which their school, church, or community can provide support to people living with HIV and AIDS and their families.

Audience: grades 9-12+

South Dakota State Library
Department of Education and Cultural Affairs
(800) 423-6665

Preventing Sexually Transmitted Infections.

Human Relations Media, 1998, 25 min. video and CD-ROM.

This video and accompanying CD-ROM provide students with all the facts, with emphasis on prevention. In the format of a radio call-in show, information is provided on a wide variety of sexually transmitted infections (STIs). Students learn the prevalence of these infections in the population, the symptoms, the treatment, the long-term effects, and how to prevent them.

Audience: grades 9-12

Human Relations Media
(800) 431-2050

Raising Healthy Kids: Families Talk About Sexual Health.

Media Works, 1997, two 30 min. videos and discussion guides.

This video series and the accompanying discussion guides can serve as a catalyst for group discussions about sexuality in a variety of settings (for example, homes, faiths, communities). The parents in *Raising Healthy Kids* provide an excellent example of the power of group discussion and will stimulate discussion among viewers. One of the videos and discussion guides is for parents of young children, and the other is for parents of preadolescents and adolescents.

Audience: parents

Family Health Productions.
(978) 282-9970

Saving Sex for Later: Changing Bodies, Changing Influences and Changing Relationships.

Mile End Films production, 2003.

This 3-CD set features scripted conversations between parents and children that show ways to communicate with pre-teens about their physical and emotional development, dating and sex. The CDs encourage you to think about your family values and about how you can communicate these values to your child.

Audience: grades 3-5, 6-8, 9-12

Education Development Center, Inc.

(617) 969-2368

Scenarios USA Compilations, Volume 2.

Scenarios USA, 2003.

Compilations, Volume 2 contains stories written by teens for teens addressing various aspects of sexuality. Topics include receiving HIV test results, abstinence, decision making in dating and relationships and pregnancy.

Audience: grades 7-12

Scenarios USA

(866) 414-1044

Sex, Teens, AIDS: Take 'Em Serious (S.T.A.T.S).

March of Dimes, 2000.

This video (20 min), video guide and activity guide were originally developed for a male responsibility program of Alpha Phi Alpha Fraternity, Inc., but it has been adapted for use with both male and female audiences. The video, fast-paced and music-oriented, gives youth information they can use. Each teen's decision, whether to delay intercourse or to be abstinent, is respected and valued. The materials address safe sex and contraceptive issues for young people who choose to have sex. Other issues that are explored include peer pressure, successful intimate relationships, abstinence, and goals and self-esteem.

Audience: grades 7-10

March of Dimes

(800) 367-6630

Sexually Transmitted Infections.

Sunburst, 2003, 22 min. video.

This video follows three couples as they are forced to confront the consequences of engaging in sexual relations. This up-to-date program presents the facts and symptoms of common STIs, the pressure teens experience to have sex, and the social and emotional fallout of their actions. It urges teens to take responsibility for their own health and see abstinence as a realistic, positive choice and the

only one-hundred percent safe way to avoid STIs.

Audience: grades 6-8, 9-12

Sunburst Visual Media

(800) 431-1934

Silence Ain't Sexy.

Pinch Me Films Production, 2003, 28 min. video.

In *Silence Ain't Sexy*, modern teens speak candidly about sex. The fresh approach to documentary filmmaking infuses a dramatic scene with fast-paced interviews, and a hip hop music video. The video reinforces the overall message that it is important to stop, think, and talk before you become sexually active.

Audience: grades 9-12

ETR Associates

(800) 321-4407

Speaking for Ourselves.

Diversity Productions, 1994, 27 min. video.

Speaking for Ourselves is a documentary that profiles five lesbian and gay youth who represent a diversity of cultures and backgrounds. By associating names and faces with critical issues, viewers learn about the challenges of substance abuse, teen suicide, HIV/AIDS, homelessness, survival prostitution and malicious harassment. Additionally, the video highlights self-determined young people whose activism leads to family reconciliation and successful peer education. This documentary provides an opportunity to experience their courage, keen intellect and deep compassion. Teacher's Guide included.

Audience: grades 6-8, 9-12, youth service organizations

Diversity Productions

(206) 726-1744

Take Charge: Resisting Sexual Pressure.

Human Relations Media, 1998, 28 min. video.

This video is targeted at young women and addresses common situations in which women and girls may be pressured for sex. Areas such as setting boundaries, respect, abstinence, and the difference between male and female viewpoints are discussed. A teacher's guide and worksheets are included.

Audience: grades 6-8, 9-12, youth service organizations

Human Relations Media

(800) 431-2050

Tattooing and Body Piercing: Thinking smart about body art.

SVE & Churchill Media, 2001, 22 min. video.

Don't let students make uninformed decisions about body art; give them the facts they need to ensure safety and future contentment. Stressing the importance of forethought, this objective program identifies every issue to consider before getting a piercing or tattoo. Viewers will encounter competing opinions about body art as interview subjects express both joy and regret about their piercing. Along the way, a dermatologist explains both procedures, reveals the dangers of body art, illustrates easy ways to stay safe, including the prevention of HIV. The video also details the difficulty and costliness of tattoo removal.

Audience: grades 9-12

Clearvue and SVE
(800) 829-1900

The Teen Files: The Truth About Sex.

AIMS Multimedia, 2000, 45 min. video.

Hosted by Leeza Gibbons, this video forces teenagers to face the hard-hitting realities of having sex too young, including unwanted pregnancies and STIs. Viewers are introduced to sexually active teenagers, many of whom are having unprotected sex. They witness firsthand the struggles of becoming teen parents and living with full-blown AIDS. A group of teenagers go through a "mock AIDS test" and discuss with Dr. Drew their attitudes and feelings about sex.

Audience: grades 6-8, 9-12

AIMS Multimedia
(800) 367-2467

Teens Talk: How to Protect Yourself in the Age of AIDS. AIMS Multimedia, 1999. 21 min. video.

This video covers testimonials from real teenagers about their views on sexual relationships and AIDS. Single teens, couples, and several HIV positive patients are interviewed. The package includes a study guide for students and teachers.

Audience: grades 9-12

AIMS Multimedia
(800) 421-2363

Toothpaste.

Scenarios USA, 2004, 16 min. video.

Two friends discuss their ideas on what constitutes a relationship that is healthy enough for sex and its corresponding responsibilities. Both have boyfriends and believe they're ready for sex. While one couple has been together for a

year, the other relationship is only three weeks old. The two girls show that they are responsible enough to get protection, but their respective sexual encounters lead to decidedly different results.

Audience: grades 6-8, 9-12+, youth service organizations

Scenarios USA
(866) 414-1044

U need 2 Kno HIV/STD Testing.

Educational Materials Center, 2003, 12 min. video.

This video encourages teens who have engaged in risky sexual behavior to be tested for HIV and other STD's. The video features both HIV positive and negative young people who care about health and realize the importance of getting tested. The video focuses on who should consider testing, what it's like to get tested and where teens can call to get more information about testing in their area. The fast-paced, contemporary format makes the message even more powerful for teens.

Audience: grades 6-8, 9-12, youth service organizations, health care providers

Educational Materials Center
(800) 214-8961

Books, Journals, Reports, and Research Articles

The following are examples of educational materials to assist schools and communities in developing effective programs, policies, and practices related to HIV/AIDS education for school-aged youth.

Adolescent Sexual Development & Sexuality: Assessment and Interventions.

Gaffney, Donna and Carol Royce. Kingston, NJ. Civic Research Institute, 2003.

Adolescent Sexual Development and Sexuality addresses key issues that professionals such as educators, nurses, clinicians, psychologists, and counselors face when working with teens today. Topics explored include cognitive development, sexual behavior, teens with disabilities, and legal issues, as well as clinical practice and educational program initiatives.

Audience: school staff (grades 6-12) and youth service organizations

Civic Research Institute
(609) 683-4450

Emerging Answers: Research Findings on Programs to Reduce Teen Pregnancy. Kirby, Douglas, Ph.D., National Campaign to Prevent Teen Pregnancy, 2001.

Emerging Answers: Research Findings on Programs to Reduce Teen Pregnancy, by Douglas Kirby, Ph.D., is a comprehensive review of evaluation research that offers the latest information on "what programs work" to prevent teen pregnancy. In addition to examining traditional sex education, the study covers abstinence-only education programs for teens, contraceptive and family planning services, early childhood programs, youth development, and service learning interventions. Summary available online.

Audience: school staff (grades 6-12) and youth service organizations

National Campaign to Prevent Teen Pregnancy
(202) 478-8500
www.teenpregnancy.org

A Good Time: After-School Programs to Reduce Teen Pregnancy.

Manlove, Jennifer, et al. National Campaign to Prevent Teen Pregnancy, January 2004.

After-school programs are a valuable component for schools working to prevent risky sexual behaviors among youth. *A Good Time* provides detailed descriptions of those after-school programs that have been shown through careful research to have a positive impact on adolescent sexual behavior. It also contains practical information on the descriptions, costs, and availability of program curriculum. Available online.

Audience: school staff (grades 6-12) and youth service organizations

National Campaign to Prevent Teen Pregnancy
www.teenpregnancy.org
(202) 478-8500

Healthy Sexuality: What is it?

Endersbe, Julie K., Capstone Press, 2000.

Healthy Sexuality: What is it? is part of the Perspectives on Healthy Sexuality publication series. The book provides clear and succinct information on the definition of sexuality, the human body and reproduction, communication, sexual self-care, sexual responsibility, sexual readiness, and goal setting.

Audience: grades 6-8, 9-12

Capstone Press
(800) 747-4992

I Can Do That! Positive Character Traits for Middle Schoolers. Reed, Pam and Daniel Gray. Illustrated by Ron Ferris. Project Reality, 2002 (rev).

Through short stories students learn about 10 character traits, such as responsibility, honesty and respect. Each unit has pre- and post-reading discussion questions and activities that help the readers think about applications and benefits in their own lives. One limitation of the book is it lacks clear directions to guide the teacher/group facilitator on how to best use the student activities.

Target audience: grades 5-8

Project Reality
(847) 729-3298

Killing Us Quietly.

Vernon, Irene S. Lincoln, NE: University of Nebraska Press, 2001.

The first book to detail the devastating impact of the disease on Native Americans, *Killing Us Quietly* explores native urban, reservation, and rural perspectives, as well as the viewpoints of native youth, women, and gay or bisexual men. It covers current statistics, native demography and histories, and profiles of Native American organizations to provide a broad understanding of HIV/AIDS among Native Americans. The book also discusses HIV prevention strategies and education resources for Native Americans.

Audience: school staff (grades 9-12) and youth services

University of Nebraska Press
(800) 755-1105

No Time To Lose: Getting More From HIV

Prevention. Washington, DC: Institute of Medicine, National Academy Press, 2001.

The Committee on HIV Prevention Strategies in the U.S. developed this report. They present a framework for HIV prevention that suggests new directions for HIV/AIDS surveillance, resource allocation, the incorporation of prevention into the clinical setting, technology development, and the translation of research into practice. They also discuss the social and political barriers that continue to limit the success of HIV prevention.

Audience: school staff (grade 9-12), youth service organizations

National Academy Press
(888) 624-8373
www.nap.edu

No Time to Waste: Programs to Reduce Teen Pregnancy Among Middle School-Aged Youth. Manlove, Jennifer, et al. National Campaign to Prevent Teen Pregnancy, 2004.

No Time to Waste provides detailed descriptions of programs for middle school-aged youth that have been shown through careful research to have a positive impact on adolescent sexual behavior. The publication also provides detailed descriptions of program curriculum, costs, and evaluation results. Available online.

Audience: school staff (grades 6-12) and youth service organizations

National Campaign to Prevent Teen Pregnancy
(202) 478-8500
www.teenpregnancy.org

Not Yet: Programs to Delay First Sex among Teens. Manlove, Jennifer, et al. National Campaign to Prevent Teen pregnancy, 2004.

This publication provides descriptions of prevention programs that have shown, through careful research, to delay first sex among teens. The publication also provides details of program curriculum, costs, and evaluation results. Available online.

Audience: school staff (grades 6-12) and youth service organizations

The National Campaign to Prevent Teen Pregnancy
(202) 478-8500
www.teenpregnancy.org

A Positive Life: Portraits of Women Living with HIV. Huston, River. Photographs by Mary Berridge. Philadelphia, PA: Running Press, 1997.

This book shares the stories in words and photos of 30 diverse women who are living with HIV. In the preface, Mary Berridge, the photographer, writes, "My photographs are not objective. They are very much my own vision of what makes my subjects' lives compelling." These stories and photos will raise the awareness and compassion for those living with HIV/AIDS.

Audience: grades 9-12+
Running Press
(215) 567-5080

Resiliency What We Have Learned.

Bonnie Benard. San Francisco, CA: WestEd, 2004.

Resiliency synthesizes 10 years of research, detailing how best to incorporate resiliency research to help young people thrive in school and in their communities. It analyzes the keys to resilience, including the role that families, schools, and communities play in supporting the

biological drive for human development. Also discusses adverse situations such as poverty, troubled families, and violent neighborhoods.

Audience: school staff (K-12) and youth service organizations

WestEd
(877) 493-7833

Sex and HIV Education Programs for Youth: Their Impact and Important Characteristics.

Kirby, Douglas, et al. ETR Associates, 2006.

This report examines sex and HIV education programs based on a written curriculum implemented among groups of youth in schools, clinics, or other community settings. The report summarizes a review of 83 evaluations of such programs focused on pregnancy or HIV/STI prevention behaviors. The report also lists the 17 characteristics of effective programs including development, curriculum content, and implementation for such programs. Available online.

Audience: school staff (K-12) and youth service organizations

ETR Associates
(800) 321-4407
www.etr.org/recapp/

Teaching about Sexuality and HIV: Principles and Methods for Effective Education.

Hedgepeth, Evonne and Joan Helmich. New York, NY: New York University Press, 1996.

This comprehensive book for teachers and community health educators focuses on the "how" and "why" of effective sexuality and HIV education rather than on the "what." It includes discussions on the creation of a productive learning environment. It also provides interactive and practical methods educators can use to review principles and address concerns about sexuality and HIV education.

Audience: school staff (K-12) and youth service organizations

New York University Press
(800) 996-6987

Booklets, Workbooks, Other

The following are examples of educational materials to assist schools and communities in developing effective programs, policies, and practices related to HIV/AIDS education for school-aged youth.

Captain Bio: "HIV Attacks!" Gladstone, NJ: Tim Peters and Company, 1996.

Captain Bio® is a comic book series that promotes healthy living and social responsibility through fast-moving plots and graphics that stimulate children's interest in each subject. In *HIV Attacks!*, Captain Bio® confronts HIV and sees firsthand how the virus is spread, how it progresses, and how it can be prevented.

Audience: grades 6-8

Biocomics
(800) 543-2230

Now What Do I Do? How to Give Your Preteens Your Messages.

Sexuality Information and Education Council of the U.S., 2003 (rev).

This booklet is designed for parents of children ages 10-12 years. Puberty and communication guidelines are explained. The booklet is organized in a very user-friendly format:

1) common situations involving parents and their children and sexuality, dating, and social relationships are given; 2) a review of what the reader wants the child to learn is listed; and 3) possible responses with the associated message are listed from which the parent may select. Available online.

Audience: parents

SIECUS Publications Department
(212) 819-9770

On Beating HIV.

Channing L. Bete Co., 2000.

On Beating HIV contains a mixture of self-protection advice, true-false quizzes, facts about HIV/AIDS and other STIs, activities for exploring personal values, and guidance on how to say "no" assertively or, if sexually active, how to get a partner to use a condom. Teens are urged to never share needles or syringes and to get tested if they are at risk for HIV or another STI. The workbook also addresses media images of sex and sexuality, the connection between drugs

and risk of infection, the benefits of healthy relationships, and dating older men.

Audience: grades 9-12

Channing L. Bete Co., Inc.
(800) 447-4776

On Postponing Sex.

Channing L. Bete Co., Inc., 2002.

This workbook teaches teens how to avoid pregnancy and STIs, how to maintain their physical and mental health, and how to develop meaningful relationships by abstaining from sex.

Audience: grades 9-12

Channing L. Bete Co., Inc.
(800) 447-4776

The Super Sleuths Learning about HIV and AIDS: An activity book for children grades 4-5.

New York State Department of Health, 2005.

This booklet is designed to provide children in grades 4 and 5 with basic information about HIV and AIDS in an entertaining format. The booklet begins with a story, The Super Sleuths, which contains all the information children will need to complete the activities that follow. Instructors, parents and caregivers are encouraged to read and review the story with children. Students can then do the activities on their own or with help.

Audience: grades 3-5

New York State Department of Health
www.health.state.ny.us/diseases/aids/docs/doh-9534.pdf

What's Up: With HIV & AIDS.

Channing L. Bete Co., Inc., 2000.

This workbook bridges the gap between the facts and what older children, adolescents, and teens think they know about HIV/AIDS. It uses clever text and engaging graphics to draw readers in and keep their attention long enough to dispel the myths about HIV and how it is transmitted, helps them decipher fact from fiction in media portrayals of sex, resist peer pressure through these interactive exercises, and develop decision-making skills.

Audience: grades 6-8

Channing L. Bete Co., Inc.
(800) 477-4776

Who Knew? The Abstinence Issue.

Channing L. Bete Co., Inc., 2002.

This workbook uses games and writing exercises to help students understand what abstinence means and why choosing to abstain from sex will help them achieve their goals.

Audience: grades 4-6

Channing Bete Company, Inc.

(800) 477-4776

Who Knew? The HIV Facts Issue.

Channing L. Bete Co., Inc., 2001.

This interactive activity book provides age-appropriate information and activities. It provides a science-based explanation of HIV transmission routes, lists three simple steps for personal protection, and takes on the most common myths about HIV—making a point to note that HIV is not curable. Includes a family activity page that extends the opportunity to learn more about HIV and promotes family discussion of the issue.

Audience: grades 6-8

Channing L. Bete Co., Inc.

(800) 477-4776

Appendix A:

HIV/AIDS Review Panel 2006-2007

Brenda Auterman, Prevention Planning
Coordinator
AIDS Resource Center of Wisconsin

William Borzon, Public Health Educator
Milwaukee Health Department

Peg Conrad
Parent Representative

Narra Smith Cox, Associate Professor
University of Wisconsin-Madison

Norma Denbrook, Abstinence Coordinator
Department of Health and Family Services

Kurt Dyer, Associate Director
Project Q

Julie Geerdes, Teacher
Madison Metropolitan School District

Judy Gerrity, HIV/AIDS Program Coordinator
Milwaukee Public Schools

Emily Holder
HIV/AIDS Prevention Program Consultant
Department of Public Instruction

JoAnn Jensen, Teacher
Madison Metropolitan School District

Karen Johnson, AIDS/HIV Consultant
Department of Health and Family Services

Michael Lisowski, Director
Gay Youth-Milwaukee

Kitty Murphy, School Nurse
Sauk Prairie School District

Mel Piper
Former Statewide Youth Outreach Coordinator
Wisconsin HIV Primary Care Support Network

Ronna Popkin
Former Community Education Coordinator
Planned Parenthood of Wisconsin

Xiomara Santiago, School Nurse
Milwaukee Public Schools

Monica Schober, Teacher
New Glarus School District

Anita Schubring, Public Health Nurse
Eau Claire City-County Health Department

Jon Schwantz, Health Coordinator
Omro School District

Marge Sutinen, Co-Site Director
Midwest AIDS Training and Education Center
(MATEC)

Mary Thompson, School Nurse
Mondovi School District

Bonnie Trudell, Faculty Associate
University of Wisconsin-Madison

Christopher Walters, Prevention Case Manager
AIDS Network

Meg Whaley, Teacher
Menomonee Falls School District

Barbara E. White
Consultant-Milwaukee

Kathleen Wiese
Health Education Resource Professional
Madison Metropolitan School District

Amanda Wilkins
Former Training Specialist
Midwest AIDS Training and Education Center
(MATEC)

Susan Woodliff, School Nurse
Waupaca School District

Appendix B: Resources Organized by Audience

Resource	Intended Audience						
	Grades						
	K-3	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Curricula							
AIDS Prevention for Adolescents in School				X			
All about Life: Caring about myself, my family and my community	X	X			X		
*Becoming a Responsible Teen (B.A.R.T.)				X			
Can We Talk?					X	X	X
Circle of Life HIV/AIDS Curriculum	X	X	X				
Draw the Line/Respect the Line: Setting Limits to Prevention HIV, STD and Pregnancy			X				
EveryBody: Preventing HIV and Other Sexually Transmitted Diseases Among Young Teens		X	X	X			
Focus on Kids: Adolescent HIV Risk Prevention			X	X			
Get Real about AIDS		X	X	X			
HIV, AIDS and Other STDs, Michigan Model for Comprehensive School Health Education	X	X	X	X			
Know HIV/STD Prevention Curriculum		X	X	X			
Making a Difference: An abstinence-based approach to HIV/STD and teen pregnancy prevention			X				

* Shaded curricula have been identified as promising prevention programs by the National Campaign to Prevent Teen Pregnancy or the Urban Institute.

Resource	Intended Audience						
	Grades						
	K-3	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Making Proud Choices: A safe-sex approach to HIV/STDs and teen pregnancy prevention			X				
Our Whole Lives: Lifespan Sexuality Education Curricula and Parent Guide	X	X	X	X	X		
Personal and Social Skills: Understanding and Integrating Competencies Across Health Content			X	X			
Positive Prevention: HIV/STD Prevention Education for America's Youth			X	X			
Postponing Sexual Involvement: An educational series for young teens			X	X			
Puberty the Wonder Years		X	X				
Reducing the Risk: Building Skills to Prevent Pregnancy, STD and HIV			X	X			
Safer Choice: Preventing HIV, Other STD and Pregnancy				X			
Sexuality and Society			X	X			
Teatro AIDS Prevention Project for Latinas Curriculum Resource Guide							X
Teenage Health Teaching Modules: Growing into Healthy Sexuality			X				
Teenage Health Teaching Modules: Respecting Healthy Sexuality				X			
Wise Guys: Male Responsibility Curriculum			X	X			

Resource	Intended Audience						
	Grades						
	K-3	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Curriculum Supplements and Program Development Guides							
The Aligning Learning with Learners Guide: Classroom Approaches to Addressing the Needs of Youth at Highest Risk for HIV						X	X
The Art of Loving Well				X			
Assessment Tools for School Health Education						X	
Building Skills for Health Literacy: Sexual Health						X	
Family Guided Sexuality Education Handbook					X		
Filling the Gaps: Hard to Teach Topics in Sexuality Education						X	X
Guidelines for Comprehensive Sexuality Education, Kindergarten-12 th						X	
Guidelines for Sexual Health Information & Disease Prevention						X	X
HIV and Your Rights: A legal guide to Wisconsin					X	X	X
HIV/AIDS for Students with Special Needs: A Guide for Teachers						X	
HIV-Free Living for Teens: A presentation kit				X			
Health Literacy Performance Assessments: HIV/AIDS Prevention and Sexuality and Family Living	X	X	X	X			
Making Sense of Abstinence			X	X			X
Making Smart Choices about Sex			X				X

Resource	Intended Audience						
	Grades						
	K-3	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Model Bloodborne Pathogens: Exposure Control Plan for Wisconsin Public Schools						X	
Parenting for HIV Prevention: A presentation kit					X		
Positive Images			X	X			X
The Power of Teaching: Characteristics of Effective Classroom Instruction on Health and Safety Issues						X	X
Preventing Teen Pregnancy: Youth Development and After-School Programs						X	X
Promoting Sexual Responsibility: A Teen Pregnancy Prevention Resource for School Employees						X	
Right from the Start: Guidelines for Sexuality Issues, Birth to Five Years						X	
Someone at School has AIDS: Complete Guide to Education Policies Concerning HIV Infection						X	
Streetwise to Sex-wise: Sexuality Education for High-Risk Youth			X	X			X
Teach & Talk: The Subject is Sex						X	
A Tool for Assessing the Characteristics of Effective Sex and STD/HIV Education Programs						X	X

Resource	Intended Audience						
	Grades						
	K-3	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Training of Trainers Program: Improving HIV prevention for gay, lesbian, bisexual, and transgender youth							X
Unequal Partners: Teaching About Power and Consent in Adult-Teen and Other Relationships				X			X
Audiovisuals							
1208 Sherwood: The Emotional Impact of HIV				X			X
3 Girls I Know				X			
All Falls Down				X			X (urban settings)
Angel of Mine: A Story about Teen Pregnancy and Parenthood			X	X			X
AIDS Update: The Latest Facts about HIV and AIDS				X			X
Blood Lines: A View Into the Souls of HIV+ Youth				X			
Children Talk about AIDS						X	
Considering Your Options: Information on abstinence and contraceptive choices for teenagers				X			
Frontline: The Lost Children of Rockdale County				X	X		
Gonna Make It		X	X	X			X
HealthBEATS HIV			X	X			X
HIV and AIDS: Staying Safe		X	X				

Resource	Intended Audience						
	Grades						
	K-3	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
HIV Positive Voices: An Inside Look at the AIDS Epidemic in Baltimore				X			X
I Should Have Waited			X	X			
Living Positive: An Inspiring Documentary About Women and AIDS						X	X
Peer to Peer: Stop, Think, Be Safe			X	X			
Porch Light				X			
Preventing Sexually Transmitted Infections				X			
Raising Healthy Kids: Families Talk about Sexual Health					X		
Saving Sex for Later: Changing Bodies, Changing Influences and Changing Relationships		X	X	X			
Scenarios USA Compilations, Volume 2			X	X			
Sex, Teens, AIDS: Take 'Em Serious			X	X			
Sexually Transmitted Infections			X	X			
Silence Ain't Sexy				X			
Speaking for Ourselves			X	X			X
Take Charge: Resisting Sexual Pressure			X	X			X
Tattooing And Body Piercing: Thinking smart about body art				X			
The Teen Files: The Truth about Sex			X	X			
Teens Talk: How to Protect Yourself in the Age of AIDS				X			

Resource	Intended Audience						
	Grades						
	K-3	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Toothpaste			X	X			X
U need 2 Kno HIV/STD Testing			X	X			X Health care providers
Books, Journals, Reports, and Research Articles							
Adolescent Sexual Development & Sexuality: Assessment and Interventions						X	X
Emerging Answers: Research Findings on Programs to Reduce Teen Pregnancy						X	X
A Good Time: After-School Programs to Reduce Teen Pregnancy						X	X
Healthy Sexuality: What is it?			X	X			
I Can Do That! Positive Character Traits for Middle Schoolers		X	X				
Killing Us Quietly						X	X
No Time to Lose: Getting More from HIV Prevention						X	X
No Time to Waste: Programs to Reduce Teen Pregnancy Among Middle School-Aged Youth						X	X
Not Yet: Programs to Delay First Sex among Teens						X	X
A Positive Life: Portraits of Women Living with HIV				X			

Resource	Intended Audience						
	Grades						
	K-3	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Resiliency What We Have Learned						X	X
Sex and HIV Education Programs for Youth: Their Impact and Important Characteristics						X	X
Teaching about Sexuality and HIV: Principles and Methods for Effective Education						X	X
Booklets, Workbooks, Other							
Captain Bio: "HIV Attacks!"			X				
Now What Do I Do? How to Give Your Preteens Your Messages					X		
On Beating HIV				X			
On Postponing Sex				X			
The Super Sleuths Learning about HIV and AIDS: An activity book for children grades 4-5		X					
What's Up: With HIV & AIDS			X				
Who Knew? The Abstinence Issue		X	X				
Who Knew? The HIV Facts Issue			X				